

Common Activities/Tasks Required in the Nursing Profession

If you question your ability to perform any of these required common Activities/Tasks, please contact the Director of the Office of Student Services – Robyn Bancroft at (701) 777-4174 or robyn.bancroft@und.edu

Functional Ability	Activity/Attribute/Task
Gross Motor Skills	<input type="checkbox"/> Move within confined spaces (eg. Around patient bed) <input type="checkbox"/> Provide standing support to patient <input type="checkbox"/> Manipulate equipment above shoulders (eg. IVs) <input type="checkbox"/> Reach below waist (eg. plug(ins)) <input type="checkbox"/> Assist transfer of patient (eg. Bed to chair, bed to bed) <input type="checkbox"/> Reach across patient bed <input type="checkbox"/> Other
Fine Motor Skills	<input type="checkbox"/> Pick up objects (eg. syringe) <input type="checkbox"/> Grasp small objects (eg. pills) <input type="checkbox"/> Write <input type="checkbox"/> Use a computer <input type="checkbox"/> Pinch/pick or otherwise work with fingers (eg. syringe, gloving, small equipment) <input type="checkbox"/> Turn knobs with hands on door or equipment <input type="checkbox"/> Squeeze (eg. eye dropper, IV tubing) <input type="checkbox"/> Put on caps, gown, gloves, mask <input type="checkbox"/> Apply pressure (eg. to a wound) <input type="checkbox"/> Other
Physical Endurance	<input type="checkbox"/> Sustain repetitive movements (eg. CPR, ambu bagging) <input type="checkbox"/> Work entire shift <input type="checkbox"/> Other
Physical Strength	<input type="checkbox"/> Push and pull 25 pounds(eg. position clients, CPR, apply pressure to wound) <input type="checkbox"/> Support 25 pounds of weight (eg. Ambulate client) <input type="checkbox"/> Lift 25 pounds (eg. transfer client) <input type="checkbox"/> Move light objects up to 10 pounds <input type="checkbox"/> Move heavy objects weighing from 10 to 45 pounds <input type="checkbox"/> Defend self against combative client <input type="checkbox"/> Carry equipment/supplies <input type="checkbox"/> Use upper body strength CPR, restrain a client <input type="checkbox"/> Squeeze (eg. fire extinguisher) <input type="checkbox"/> Other
Mobility	<input type="checkbox"/> Rotate body to attend to patient and equipment simultaneously <input type="checkbox"/> Move quickly to respond to emergencies/patient needs <input type="checkbox"/> Transfer patient (eg. chair to commode, clinical sites such as hospital or clients homes) <input type="checkbox"/> Other
Hearing	<input type="checkbox"/> Hear normal speaking level sounds (eg. to communicate with client) <input type="checkbox"/> Hear faint voices (eg. elderly, oxygen deprived) <input type="checkbox"/> Hear faint body sounds (eg. blood pressure, heart and lung sounds) <input type="checkbox"/> Hear in situations not able to see lips (when using masks) <input type="checkbox"/> Respond to alarms (high/low frequency) <input type="checkbox"/> Other

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Visual	<input type="checkbox"/> See objects up to 20 inches away <input type="checkbox"/> See objects up to 20 feet away <input type="checkbox"/> See objects more than 20 feet away <input type="checkbox"/> Use depth perception (eg. injections, assess height or depth of wound) <input type="checkbox"/> Use peripheral vision <input type="checkbox"/> Distinguish color (eg. patient secretions, and color coded records) <input type="checkbox"/> Distinguish color intensity (eg. blue complexion, redness of blood) <input type="checkbox"/> Respond to alarms <input type="checkbox"/> Other
Tactile	<input type="checkbox"/> Feel vibrations (eg. pulses, nerve responses, tremor) <input type="checkbox"/> Detect temperature of room, skin <input type="checkbox"/> Feel differences in surface characteristics (eg. skin texture) <input type="checkbox"/> Feel differences in sizes, shapes (eg. palpate vein, perform assessment) <input type="checkbox"/> Other
Smell	<input type="checkbox"/> Detect odors from client <input type="checkbox"/> Detect smoke <input type="checkbox"/> Detect gases or noxious smells <input type="checkbox"/> Other
Reading	<input type="checkbox"/> Read and understand written documents (ie. patient charts, professional literature) <input type="checkbox"/> Use anatomical design/diagrams correctly <input type="checkbox"/> Other <input type="checkbox"/> Arithmetic Competence <input type="checkbox"/> Read and understand columns of writing (eg. flow charts) <input type="checkbox"/> Read digital displays <input type="checkbox"/> Read graphic printouts (eg. vital signs, numbers, EKG strips, fetal monitor strips) <input type="checkbox"/> Convert numbers to/from metric
Tell Time	<input type="checkbox"/> Measure time (eg. duration) <input type="checkbox"/> Count rates (eg. pulse) <input type="checkbox"/> Use measuring tools (eg. thermometer) <input type="checkbox"/> Read Measurement marks (eg. scales) <input type="checkbox"/> Add, subtract, multiply, divide <input type="checkbox"/> Compute fractions (medication dosages) <input type="checkbox"/> Use a calculator <input type="checkbox"/> Write numbers in records <input type="checkbox"/> Other

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Emotional Stability	<input type="checkbox"/> Differentiate and establish personal and therapeutic boundaries (eg. confidentiality/privacy) <input type="checkbox"/> Provide client with appropriate psycho social support <input type="checkbox"/> Deal with unexpected situations <input type="checkbox"/> Maintain attention on task <input type="checkbox"/> Perform multiple responsibilities concurrently <input type="checkbox"/> Handle strong emotions (eg. grief, anger) <input type="checkbox"/> Do work in a changing stressful environment <input type="checkbox"/> Other
Analytical Thinking	<input type="checkbox"/> Gather data <input type="checkbox"/> Transfer knowledge from one situation to another <input type="checkbox"/> Assess and respond to change in patient's condition <input type="checkbox"/> Integrate information <input type="checkbox"/> Evaluate outcomes (eg. effectiveness of nursing care) <input type="checkbox"/> Problem solve <input type="checkbox"/> Prioritize nursing care <input type="checkbox"/> Use long term memory <input type="checkbox"/> Use short term memory <input type="checkbox"/> Organize tasks to completion <input type="checkbox"/> Other
Critical Thinking Skill	<input type="checkbox"/> Identify cause-effect relationships <input type="checkbox"/> Plan activities for others <input type="checkbox"/> Synthesize knowledge and skills <input type="checkbox"/> Complete tasks in a timely manner <input type="checkbox"/> Other
Interpersonal Skills	<input type="checkbox"/> Manage conflict between persons <input type="checkbox"/> Respect differences in clients/families/co-workers <input type="checkbox"/> Establish and maintain rapport with clients/families/co-worker <input type="checkbox"/> Other
Communication Skills	<input type="checkbox"/> Communicate information (eg. teach client, family, or groups) <input type="checkbox"/> Explain procedures <input type="checkbox"/> Give oral and written reports <input type="checkbox"/> Interact with others (eg. effective group participation) <input type="checkbox"/> Use the telephone (eg. call for emergency, follow up/pre-op call) <input type="checkbox"/> Advocate for client (rural) <input type="checkbox"/> Direct activities of others <input type="checkbox"/> Convey information orally and in writing (eg. charting, reports, papers) <input type="checkbox"/> Use computer <input type="checkbox"/> Other

Notes:

Adapted from: National Council of State Boards of Nursing, Inc. Guidelines for Using Results of Functional Abilities Studies and Other Resources.