FAMILY NURSE PRACTITIONER

DOCTOR OF NURSING PRACTICE DEGREE
WITH MASTER’S CONFERMENT

MASTER’S DEGREE CURRICULUM
FOR STUDENTS PARTICIPATING IN THE MASTER’S DEGREE PROGRAM
(ADMITTED PRIOR TO FALL 2018)

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University of North Dakota
College of Nursing & Professional Disciplines
Family Nurse Practitioner Faculty & Staff

Jana Zwilling, APRN, MS, FNP-C
Director
Assistant Professor
701-777-4545
jana.zwilling@und.edu

Elizabeth Jahn, DNP, FNP-C
Assistant Director
Clinical Instructor
701-640-5570
elizabeth.jahn@und.edu

Jackie Roberts, DNP, FNP-C, OCNP
Clinical Associate Professor
701-741-6435
jackie.roberts@und.edu

Patrick Jahn, APRN, MS, FNP-C
Clinical Instructor
patrick.jahn@und.edu

Rhonda Jolliffe, FNP-C
Clinical Instructor
701-471-6447
rhonda.jolliffe@und.edu

Muluh (Merit) Fondong, APRN, MS, FNP-C
Clinical Instructor
218-779-9437
muluh.fondong@und.edu

Cathy Proebstle, MSN, FNP-BC
Clinical Instructor
catherine.proebstle@und.edu

Angie Novak
Clinical Placement Coordinator
701-777-4556
angela.c.novak@und.edu

Laurie Nelson
Administrative Assistant
701-777-4557
laurie.nelson@und.edu
INTRODUCTION

The University of North Dakota Family Nurse Practitioner Track prepares the student for advanced practice in family primary care nursing. The Doctor of Nursing Practice (DNP) course of study is 91 credit hours delivered over 9 semesters, including 3 summer semesters. The Master’s Degree course of study is five full-time semesters or seven part-time semesters. The curriculum has 57 required credits with a minimum of 630 practicum hours. Enrollment is limited in both programs. Completed applications must be submitted by January 15, 2019 for fall admission to the Family Nurse Practitioner DNP program.

The program utilizes a clinical preceptorship model to provide the FNP student the opportunity to obtain extended clinical experiences in a primary care setting. The preceptorship bridges theory and actual practice and allows the student to try new skills and develop the nurse practitioner role. Students are provided the opportunity to socialize into the nurse practitioner role by becoming a healthcare team member with the preceptor providing guidance as a role model, mentor, and resource person.

Students will work with the Clinical Placement Coordinator to secure appropriate placement. The Clinical Placement Coordinator works with Family Nurse Practitioner Track faculty to determine necessary clinical hours and optimal experience. Final preceptor selection, orientation, and evaluation are the responsibility of the Family Nurse Practitioner Track faculty and Clinical Placement Coordinator.

Preceptorships provide the clinical experience for three practicums during the course of study. The first practicum focuses on interviewing and health assessment skills. This practicum experience is a minimum of 180 hours over the 12-week summer semester. The second and third practicums focus on acute, emergent, and chronic conditions, interviewing, health assessment, diagnosis, treatment plan, and patient education with each practicum over the 16-week semester for a minimum of 225 clinical hours. Students participate in one on campus intensive week each semester. Students will also have didactic courses, typically on Thursdays, throughout the last three clinical semesters.

DEFINITION OF ADVANCED PRACTICE REGISTERED NURSE (APRN)

An APRN is a nurse who has a master’s, post-masters, or doctoral degree in a nursing specialty, as well as national certification, and can generally practice without the supervision of a physician.

APRNs have acquired advanced clinical knowledge and skills to help meet the demand for primary and specialty healthcare practitioners, especially in rural and other underserved areas and populations. The four types of APRNs are nurse practitioners, clinical nurse specialists, nurse-midwives, and nurse anesthetists.

DEFINITION OF FAMILY NURSE PRACTITIONER (FNP)

An FNP cares for individuals and families across the lifespan. FNPs are prepared to diagnose and treat patients with undifferentiated symptoms as well as those with established diagnoses. FNPs provide initial, ongoing, and comprehensive care, including taking comprehensive histories, providing physical examinations and other health assessment and screening activities. This care includes diagnosing, treating, and managing patients with acute and chronic illnesses and diseases. This includes ordering, performing, supervising, and interpreting laboratory and imaging studies; prescribing medication and durable medical equipment; and making appropriate referrals for patients and families. Family Nurse Practitioners demonstrate a commitment to family-centered care and understand the relevance of the family’s identified community in the delivery of family-centered care. (APRN Consensus Model)
ACCREDITATION

The Master of Science (M.S.) Program in Nursing is accredited by the Commission on Collegiate Nursing Education (CCNE) until 2020 and approved by the North Dakota Board of Nursing through 2020.

COLLEGE OF NURSING MISSION STATEMENT

The mission of the College of Nursing & Professional Disciplines (CNPD) is to prepare future leaders, to advance human well-being and improve quality of life for diverse populations, with an emphasis on rural communities in North Dakota, the region and beyond, through the provision of high-quality innovative inter-professional education, research and service.

FNP PROGRAM MISSION

Prepare students to be knowledgeable and competent advanced practice nurses and provide exceptional care for individuals through the lifespan with a focus on the care of rural and vulnerable populations.

FNP PROGRAM VISION

Empower students to reach their full potential while respecting the values, beliefs and cultures of all populations, providing healthcare within the full scope of their practice to improve patient outcomes through health promotion, education and disease management as well as improving health care delivery in rural and vulnerable populations.

FAMILY NURSE PRACTITIONER TRACK COMPETENCIES

The FNP program follows the Competencies for Nurse Practitioners as published by the National Organization of Nurse Practitioner Faculties (NONPF).

2017 Nurse Practitioner Core Competencies.

2013 Nurse Practitioner Primary Care Competencies in Specialty Areas: Adult, Family, Gerontologic, Pediatric, and Women’s Health.

PRECEPTOR QUALIFICATIONS & RESPONSIBILITIES

QUALIFICATIONS

1. Primary preceptors may be nurse practitioners or physicians (MD or DO).

2. Preceptors must meet the licensing and/or certification requirements in the state in which they are practicing.

3. Nurse practitioners in the primary preceptor role must have masters or doctoral preparation.

4. All primary preceptors must return a completed Preceptor Agreement to UND prior to the clinical start date.

CLINICAL PRACTICE

1. The preceptorship must be in a successful practice and respected by the health care profession.

2. The preceptorship must provide the student with a variety of clients across the lifespan.

3. If the practice does not have patients in a variety of ages, chronicity types, and other diversities,
the preceptor can recommend specialty rotations for the student. Specialty rotations will be coordinated and approved through faculty and the clinical placement coordinator as appropriate.

PERSONAL AND PROFESSIONAL

1. Professionally, the preceptor must exhibit interest and involvement in the nurse practitioner role.

2. The preceptor serves as host, sponsor, teacher, and role model for the student at the clinical site.

3. Professional qualities that are needed to preceptor the FNP student are: interest in professional growth and continued learning; involvement in the agency and community;

4. Secure in role; confident, knowledgeable, and competent; has respect of peers; and able to deal with conflict.

5. Helpfulness, caring, flexibility and enthusiasm are personal qualities that students value.

6. Enjoyment of teaching, commitment to students, and willingness to work with beginners are important characteristics in the development of a positive student/preceptor relationship.

7. The preceptor must be willing to review course objectives and determine feasibility of meeting them and assist the student and faculty in modifying objectives as needed.

8. Additionally, time must be allowed to visit informally and formally with faculty for feedback. This is accomplished through site visits and/or teleconference with faculty during the semester. Preceptors should contact FNP faculty if there are any problems with the student.
STUDENT RESPONSIBILITIES

The students are responsible for being self-directed in identifying initial and ongoing learning needs, for seeking learning opportunities to meet identified needs, and for being accountable for their performance in the advanced practice nursing role. The student should:

1. Complete request for clinical placement through the Clinical Placement Coordinator in the CNPD. The final selection, approval, orientation, and evaluation of the preceptor(s) are the responsibility of the UND CNPD Clinical Placement Coordinator and Faculty. Attempts will be made for a preceptorship in the student’s local area. If a suitable preceptor is not available in the student’s home community, the student will need to travel to an appropriate location for their clinical experiences.

2. Along with the Clinical Placement Coordinator, assists in obtaining signatures on Preceptor Memorandum of Agreement and General Agency Contract as needed prior to starting clinical experiences.

3. Dress professionally including wearing a UND Photo ID Name Tag at all times in the clinical setting;

4. Adhere to all UND and clinical agency regulations;

5. Discuss specific clinical objectives and negotiate a clinical schedule with the preceptor prior to the actual clinical experience;

6. Provide the Clinical Placement Coordinator with the necessary licensure, immunizations, background check, certifications, liability insurance, or other requirements needed;

7. Perform the advanced practice role under the supervision of the preceptor recognizing the limitations of educational preparation and complying with professional standards, clinical site policies, and advanced practice protocols;

8. Demonstrate professional role behaviors of an advanced practice nurse;

9. Maintain a clinical log according to course requirements using prescribed software;

10. Demonstrate progressive independence and competency in the advanced practice role in accordance with his/her academic progression;

11. Arrive at the clinical experience prepared to perform in accordance with assigned learning activities in accordance with course;

12. Actively seek input in the evaluation process and participate in self-evaluation of strengths and identified areas for professional growth with preceptor and designated faculty;

13. Contact faculty immediately if any conflict arises or when faculty assistance is needed;
DESIGNATED FACULTY/STAFF RESPONSIBILITIES

The student’s assigned Clinical Faculty identify clinical learning objectives specific to the program, course, and learning needs of the students. They facilitate student achievement of these objectives through provision of didactic instruction, identification of appropriate clinical facilities and preceptors, observation and evaluation of students in the clinical setting and establishment of close working relationships with preceptors. Faculty will:

1. Elicit informal and formal feedback from the preceptor regarding each student’s performance and program performance through one per semester site visits and/or other types of media contacts;

2. Analyze/Review completed evaluations each semester;

3. Offer professional support by encouraging the student/preceptor team to utilize educational references and resources available in the library;

4. Observe the role performance of the students through onsite visits or web camera visits each semester and evaluate students’ achievement of program objectives.

5. In the event the student is not able to have an adequate exposure to a specific population of patients with their current preceptor, a clinical rotation may be arranged by student/ Clinical Placement Coordinator in conjunction with faculty, based on site availability. The determination of the need for clinical rotation may take place during conference calls, clinical site visits, communication with the student, or after evaluation of the students’ clinical log records.

6. Communicate with the FNP Track Director in regards to student progression, site visits, preceptor evaluations and feedback.

7. Communicate with the Clinical Placement Coordinator as appropriate regarding preceptorships and/or student clinical placement.

CLINICAL PLACEMENT COORDINATOR RESPONSIBILITIES:

1. Work with student and faculty to select appropriate preceptor(s) for FNP student;

2. Provide the preceptor with a description of the Family Nurse Practitioner program, overview of preceptorship expectations, the course syllabus, student performance expectations, and evaluation tools for the clinical experience;

3. Initiate and secure a General Agency Contract and the Preceptor Agreement form for each preceptor;

4. Validate student health requirements, licensure, CPR certification and background check;

5. Verify Preceptor Agreement information including licensure and certification as appropriate;

6. Maintain records of preceptor agreements, student documentation, and other documents as appropriate;

7. Maintain and update clinical management system including preceptor, student, and site information;

8. Initiate evaluations from clinical management system
The Advanced Clinical Practicum is a three-course sequence that focuses on the application of clinical decision making skills through subjective and objective patient assessment, the formation of a primary care diagnosis and development and implementation of management plans. Students are expected to have hands on interaction with patients across the lifespan experiencing typical and atypical manifestations of chronic and acute illness as well as providing preventative health care management for the same population.

**COURSE DESCRIPTION**

This clinical practicum course provides the student with the opportunity to obtain extended clinical experience. The course focuses on the integration of theoretical knowledge, technical health assessment skills, and knowledge from the basic sciences into clinical practice.

**COURSE OBJECTIVES**

The student will:

Integrate evidence from nursing and other health sciences in developing a diagnosis and plan of care for the patient across the lifespan and their families.

Develop diagnostic reasoning and clinical problem solving in the assessment and management of common acute and chronic health conditions, including pharmacological interventions.

Evaluate strategies of prediction, preemption, personalization, and participation in working with patients across the lifespan in all sectors of the system.

Prepare a management plan that reflects cultural/spiritual preferences, health beliefs and behaviors, and traditional/folk practices.

Implement organizations, networks, and health systems into a comprehensive plan of care

**COURSE SEQUENCE**

The first course in the series, *Advanced Clinical Practicum I (N597 I)*, is taken in the summer session (minimum of 180 clinical hours). This is the student's first advanced practice clinical experience. The focus of *N597 I* is therefore the integration of health history, physical assessment and laboratory evaluation in determining the health status of patients across the lifespan. Elements incorporating health promotion, disease prevention, and patient/family health education should also be practiced. Students will also begin to use data collected in order to make a diagnosis and implement an appropriate management plan.

The second course, *Advanced Clinical Practicum II (N597 II)* is taken in the fall semester (minimum of 225 clinical hours). Students should have a comfort with gathering appropriate history, physical assessment and laboratory data. Clinical decision making, integration of data in diagnosing and managing acute and chronic conditions in patients of all ages. Assessment and diagnosis should include physiological, psychosocial, and pharmacological intervention. Management plan should begin to integrate holistic care that incorporates age-related, cultural, family and community variations.
The final clinical course, *Advanced Clinical Practicum III (N597 III)* is taken in the spring semester prior to graduation (minimum of 225 clinical hours). Students are expected to build upon previously learned skills in order to diagnose and manage acute and chronic conditions in patients across the lifespan. Students are expected to continue to improve their assessment and diagnostic skills and should be increasingly comfortable with physiological, psychosocial, and pharmacological interventions as they are integrated into holistic care that incorporates age-related, cultural, family, and community variations. Management perspectives should also include supportive and prescriptive treatment, health education and counseling, referral and/or consultation and recommendations for follow-up.
Fall Semester I (12 Credit Hours)
NURS 500: Theories and Concepts in Nursing (3 cr)
NURS 505: Advanced Pharmacology (3 cr)
NURS 510: Advanced Physiology/Pathophysiology I (3 cr)
NURS 523: Health Promotion (3 cr)

Spring Semester II (13 Credit Hours)
NURS 502: Evidence for Practice (3 cr)
NURS 511: Advanced Physiology/Advanced Pathophysiology II (3 cr)
NURS 544: Pharmacotherapeutics for Primary Care (2 cr)
NURS 585: Advanced Health Assessment (3 cr)
NURS 559: Maternal and Child Health in Primary Care (2 cr)

Summer Semester III (7 Credit Hours)
NURS 597: Advanced Clinical Practicum I (5 cr)
NURS 605: Health Policy (2 Cr)

Fall Semester IV (11 Credit Hours)
NURS 531: Adult-Gerontology Illness Management I (3 cr)
NURS 553: Role Development of the NP (2 cr)
NURS 597: Advanced Clinical Practicum II (6 cr)

Spring Semester V (14 Credit Hours)
NURS 532: Family Nursing (3 cr)
NURS 533: Adult-Gerontology Illness Management II (3 cr)
NURS 597: Advanced Clinical Practicum III (6 cr)
NURS 997: Independent Study (2 cr)

Master’s Conferment Option (Available after completing 57 credits above from above curriculum)
Summer Semester VI (6 Credit Hours)
PSYC 541: Advanced Univariate Statistics (3 cr)
NURS 604: Health Informatics (3 cr)

Summer Semester VII (13 Credit Hours)
NURS 600: Integrated DNP Core Concepts I (3 cr)
NURS 602 Evidence Based Research (3 cr)
NURS 606 DNP Systems Focused Practice I (2 credits)
NURS 608: Healthcare Leadership, Economics and Finance (3 cr)
NURS 609: DNP Project Teams (2 cr)

Spring Semester VIII (11 Credit Hours)
NURS 601: Integrated DNP Core Concepts II (3 cr)
NURS 603: Evidence Based Research II (3 cr)
NURS 607: DNP Systems Focused Practice II (3 cr)
NURS 609: DNP Project Teams (2 cr)

Summer Semester IX (4 Credit Hours)
NURS 609: DNP Project Teams II (2 cr)
NURS 610: DNP Capstone (2 cr)

91 Total Credits
MASTER’S DEGREE CURRICULUM

Curriculum listed below is for students participating in the master’s degree program
(admitted prior to fall 2018)

FNP Full Time Curriculum (2 Years)-Non-Thesis Option

Fall Semester I (12 Credit Hours)
NURS 500: Theories and Concepts in Nursing (3 cr)
NURS 510: Advanced Physiology/Pathophysiology I (3 cr)
NURS 514: Essentials in Epidemiology (3 cr)
NURS 523: Health Promotion (3 cr)

Spring Semester II (15 Credit Hours)
NURS 502: Evidence for Practice (3 cr)
NURS 511: Advanced Physiology/Pathophysiology II (3 cr)
NURS 526: Ethical, Legal and Health Policy Issues (3 cr)
NURS 532: Family Nursing (3 cr)
NURS 585: Advanced Health Assessment (3 cr)

Summer Semester III (6 Credit Hours)
NURS 597: Advanced Clinical Practicum I (4 cr)
NURS 559: Maternal and Child Health in Primary Care (2 cr)

Fall Semester IV (12 Credit hours)
NURS 531: Adult-Gerontology Illness Management I (3 cr)
NURS 535: Advanced Pharmacology for Primary Care I (2 cr)
NURS 553: Role Development of the NP (2 cr)
NURS 597: Advanced Clinical Practicum II (5 cr)

Spring Semester V (12 Credit Hours)
NURS 539: Advanced Pharmacology for Primary Care II (2 cr)
NURS 533: Adult-Gerontology Illness Management II (3 cr)
NURS 597: Advanced Clinical Practicum III (5 cr)
NURS 997: Independent Study (2 cr)
FNP Part Time Curriculum (3 Years) Non-Thesis Option

**Fall Semester I (6 Credit Hours)**

NURS 500: Theories and Concepts in Nursing (3 cr)
NURS 514: Essentials in Epidemiology (3 cr)

**Spring Semester II (6 Credit Hours)**

NURS 502: Evidence for Practice (3 cr)
NURS 526: Ethical, Legal and Health Policy Issues (3 cr)

**Fall Semester III (6 Credit Hours)**

NURS 510: Advanced Physiology/Pathophysiology I (3 cr)
NURS 523: Health Promotion (3 cr)

**Spring Semester IV (9 Credit Hours)**

NURS 511: Advanced Physiology/Pathophysiology II (3 cr)
NURS 585: Advanced Health Assessment (3 cr)
NURS 532: Family Nursing (3 cr)

**Summer Semester V (6 Credit Hours)**

NURS 597: Advanced Clinical Practicum I (4 cr)
NURS 559: Maternal and Child Health in Primary Care (2 cr)

**Fall Semester VI (12 Credit Hours)**

NURS 531: Adult-Gerontology Illness Management I (3 cr)
NURS 535: Advanced Pharmacology for Primary Care I (2 cr)
NURS 553: Role Development of the NP (2 cr)
NURS 597: Advanced Clinical Practicum II (5 cr)

**Spring Semester VII (12 Credit Hours)**

NURS 539: Advanced Pharmacology for Primary Care II (2 cr)
NURS 533: Adult-Gerontology Illness Management II (3 cr)
NURS 597: Advanced Clinical Practicum (5 cr)
NURS 997: Independent Study (2 cr)