UNIVERSITY OF NORTH DAKOTA
COLLEGE OF NURSING & PROFESSIONAL DISCIPLINES

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Grand Forks, ND 58202-9025
701-777-4174

MASTER OF SCIENCE – NURSING

PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER

Updated July, 2018
Greetings,

Thank you for agreeing to serve as a preceptor for UND’s Psychiatric and Mental Health Nurse Practitioner (PHMNP) graduate student.

This clinical practicum course provides the Psychiatric Mental Health Nurse Practitioner student with the opportunity to obtain extended clinical experience in a clinical setting. The course focuses on the integration of theoretical knowledge into practice with emphasis on medication management and diagnosis and treatment of mental health conditions in the clinical setting.

We have enclosed the PMHNP preceptor handbook. This should answer most questions you may have about your role as a preceptor as well as expectations of faculty and students. We have also included the forms that you and your student will be completing during this practicum experience. Students will bring a copy to their clinical agency. At the end of the practicum experience, the student will complete an online evaluation of their preceptor and clinical site. A copy of this evaluation is included in this packet for your information.

Each student will be working with a clinical faculty member who will be available to you for questions or concerns about student performance, clinical expectations, etc. Faculty members for this course include:

Dr. Stacie Olson (stacie.olson@und.edu) Desiree Gagner-Tjellesen (desiree.gagnertjelle@und.edu), Dr. Kay Foland (kay.foland@email.und.edu) or Dr. Jeff Anderson (Jeffrey.c.anderson@ndus.edu). Faculty will set up a time to meet with students and preceptors either in person or over video conference at midterm to assess student progress. Additionally, Angie Novak (angela.c.novak@und.edu) is our placement coordinator and she is an integral part of clinical placement.

Your commitment to our students and to the development of skilled mental health providers is greatly appreciated. On behalf of the Psychiatric and Mental Health Nursing Track at the University of North Dakota, thank you for agreeing to serve as a preceptor.

Kind Regards,

Stacie Olson, DNP, MS, PMHNP-BC
PMHNP Track Director
College of Nursing & Professional Disciplines
Department of Nursing

Angie Novak
Clinical Placement Coordinator
College of Nursing & Professional Disciplines
Department of Nursing
University of North Dakota
College of Nursing & Professional Disciplines
Psychiatric Mental Health Nurse Practitioner
Faculty and Staff

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</tr>
</tbody>
</table>
Table of Contents

INTRODUCTION
DEFINITION OF ADVANCED PRACTICE REGISTERED NURSE
DEFINITION OF A PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER
ACCREDITATION
COLLEGE OF NURSING MISSION STATEMENT
COLLEGE OF NURSING PROGRAM GOALS
PMH NURSE PRACTITIONER TRACK COMPETENCIES
PRECEPTOR QUALIFICATIONS & RESPONSIBILITIES
    CLINICAL PRACTICE
    PERSONAL/PROFESSIONAL
STUDENT RESPONSIBILITIES
DESIGNATED FACULTY/STAFF RESPONSIBILITIES
CLINICAL PLACEMENT COORDINATOR RESPONSIBILITIES
UNIVERSITY OF NORTH DAKOTA - COLLEGE OF NURSING COURSE OVERVIEW
    NURSING 597 - ADVANCED CLINICAL PRACTICUM
    COURSE DESCRIPTION
    COURSE OBJECTIVES
    FULL TIME CURRICULUM
    FULL TIME CURRICULUM
    PART-TIME CURRICULUM
    PART-TIME CURRICULUM
APPENDICES
    APPENDIX A: N597 ADVANCED CLINICAL PRACTICUM CLINICAL EVALUATION
    APPENDIX B: PRECEPTOR OBSERVED HISTORY & MENTAL STATUS EXAM
    APPENDIX C: PRECEPTOR AGREEMENT FOR ADV. PRACTICE STUDENTS
INTRODUCTION

The University of North Dakota Psychiatric Mental Health Nurse Practitioner (PMHNP) Track prepares the student for advanced practice in Psychiatry and Mental Health nursing across the lifespan. The course of study is five full-time semesters or seven part-time semesters. The curriculum has 57 required credits with a minimum of 540 practicum hours. Enrollment is limited. Completed applications must be submitted by January 15 for fall admission.

The program utilizes a clinical preceptorship model to provide the student the opportunity to obtain extended clinical experiences in a setting that includes psychiatric mental health care. The preceptorship bridges theory and actual practice. Preceptorship allows the student to try new skills and develop the PMHNP role. Students are provided the opportunity to socialize into the nurse practitioner role by becoming a health care team member with the preceptor providing guidance as a role model, mentor and resource person.

Preceptorships provide the clinical experience during the final two semesters of study. The practicum should focus on any or all of the following areas: conducting psychiatric assessments/evaluations, using the DSM 5 to formulated differential and working diagnosis, advanced mental status exams, prescribing psychotropic medications, developing advanced practice nurse treatment plans and individual and group therapies. The students will have had “clinical practice courses”, as well as didactic coursework in all these areas. Students will also have didactic courses throughout these last two clinical semesters.

A total of 270 practicum hours are completed each semester. A minimum of 80 hours of the total 540 hours must be completed working with children and/or adolescents. If a student plans to work specifically with children and/or adolescents, more clinical hours would be expected with this population.

Students will work with the Clinical Placement Coordinator to secure appropriate placement. The Clinical Placement Coordinator works with the PMHNP Track faculty to determine necessary clinical hours and optimal experience. Final preceptor selection, orientation, and evaluation are the responsibility of the PMHNP Track faculty and Clinical Placement Coordinator.
DEFINITION OF ADVANCED PRACTICE REGISTERED NURSE (APRN)

An APRN is a nurse who has a master's, post-masters or doctoral degree in a nursing specialty, as well as national certification, and can generally practice without the supervision of a physician. APRNs have acquired advanced clinical knowledge and skills to help meet the demand for primary and specialty healthcare practitioners, especially in rural and other underserved areas and populations. The four types of APRNs are nurse practitioners, clinical nurse specialists, nurse-midwives and nurse anesthetists.

DEFINITION OF A PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER (PMHNP)

A PMHNP is a nurse with graduate-level training who provides mental health care and promotes mental health across the lifespan. PMHNPs assess, diagnose and treat individuals and families who have psychiatric and/or addictive disorders. They also help those at risk to prevent the development of these disorders. PMHNPs use a range of skills to provide holistic care, including prescribing medication and providing individual, family and group therapy. Instead of just treating an illness, PMHNPs take time to partner with a patient to help him or her achieve his/her own recovery and wellness goals (American Psychiatric Nurses Association).

ACCREDITATION

The Master of Science (M.S.) Program in Nursing is accredited by the Commission on Collegiate Nursing Education (CCNE) until 2021 and approved by the North Dakota Board of Nursing through 2020.

COLLEGE OF NURSING MISSION STATEMENT

The mission of the College of Nursing & Professional Disciplines (CNPD) is to prepare future leaders, to advance human well-being and improve quality of life for diverse populations, with an emphasis on rural communities in North Dakota, the region and beyond, through the provision of high-quality innovative inter-professional education, research and service.

COLLEGE OF NURSING PROGRAM GOALS

Integrate knowledge from science, humanities, theory and research into evidence-based advanced nursing practice.

Utilize knowledge of organizational and systems leadership, quality improvement, health care technologies and policy to ensure high quality patient care.

Participate as members and leaders of inter-professional health care teams.

Apply advanced nursing skills in order to plan, manage, and coordinate culturally appropriate health care for patient populations.

PMH NURSE PRACTITIONER TRACK COMPETENCIES

The PMHNP program follows the Competencies for Nurse Practitioners as published by the National Organization of Nurse Practitioner Faculties (NONPF).
2013 Population-focused nurse practitioner competencies: Psychiatric-Mental Health
Population—Focused Nurse Practitioner Competencies 2013

PRECEPTOR QUALIFICATIONS & RESPONSIBILITIES

1. Primary preceptors may be PMH Nurse Practitioners, PMH Clinical Nurse Specialists or Psychiatrists.
2. Preceptors must meet the licensing and/or certification requirements in the state in which they are practicing and have an unencumbered license.
3. Primary preceptors must have masters or doctoral preparation.
4. All primary preceptors complete the Memorandum of Agreement and submit a copy of their certification to UND prior to the clinical start date.

CLINICAL PRACTICE

1. The preceptorship must be in a clinical practice, that is compliant and in good standing with all state and federal regulations and respected in its community.
2. The preceptorship must provide the student with a variety of clients across the lifespan.
3. If the practice is limited in a particular area, for example, the practice does not have patients in a variety of ages, chronicity types, and other diversities, the preceptor can recommend specialty rotations for the student. Specialty rotations will be coordinated and approved through faculty and the clinical placement coordinator as appropriate. Examples of specialty providers a student may follow include Masters prepared social workers or counselors and psychologists.

PERSONAL/PROFESSIONAL

1. The preceptor must be an expert in practice with at least two years of experience in the advanced practice role.
2. Professionally, the preceptor must exhibit interest and involvement in the nurse practitioner role.
3. The preceptor serves as host, sponsor, teacher and role model for the student at the clinical site.
4. Professional qualities that are needed to preceptor the PMHNP student are:
   • interest in professional growth and continued learning.
   • involvement in the agency and community.
5. Secure in role, confident, knowledgeable, competent, has the respect of peers and is able to deal with conflict.
6. Helpfulness, caring, flexibility and enthusiasm are personal qualities that students value.
7. Enjoyment of teaching, commitment to students and willingness to work with beginners are important characteristics in the development of a positive student/preceptor relationship.
8. The preceptor must be willing to review course objectives and determine feasibility of meeting them and assist the student and faculty in modifying objectives as needed.

9. Additionally, time must be allowed to visit informally and formally with faculty for feedback. This is accomplished through site visits and/or teleconference with faculty during the semester. Preceptors should contact PMHNP faculty if there are any problems with the student.

**STUDENT RESPONSIBILITIES**

Students are responsible for being self-directed in identifying initial and ongoing learning needs, for seeking learning opportunities to meet identified needs and for being accountable for their performance in the advanced practice nursing role.

The student will:

1. complete request for clinical placement through the Clinical Placement Coordinator in the CNPD. The final selection, approval, orientation and evaluation of the preceptor(s) are the responsibility of the UND CNPD Clinical Placement Coordinator. Faculty attempts will be made for a preceptorship in the student’s local area. If placement cannot be coordinated in the student’s home community, the student will need to travel to an appropriate location for their clinical experiences.

2. along with the Clinical Placement Coordinator, assist in obtaining signatures on the Preceptor Memorandum of Agreement and General Agency Contract as needed prior to starting clinical experience.

3. dress professionally including wearing a UND Photo ID Name Tag at all times in the clinical setting.

4. adhere to all UND and clinical agency regulations.

5. discuss specific clinical objectives and negotiate a clinical schedule with the preceptor prior to the actual clinical experience.

6. provide the Clinical Placement Coordinator with the necessary licensure (including RN licensure for the state of practicum if different than residency state), immunizations, background check, certifications, liability insurance or other requirements needed.

7. perform the advanced practice role under the supervision of the preceptor recognizing the limitations of educational preparation and complying with professional standards, clinical site policies and advanced practice protocols.

8. demonstrate professional role behaviors of an advanced practice nurse.

9. maintain a clinical log according to course requirements using prescribed software.

10. demonstrate progressive independence and competency in the advanced practice role in accordance with his/her academic progression.

11. arrive at the clinical experience prepared to perform in accordance with assigned learning activities in accordance with course.
12. actively seek input in the evaluation process and participate in self-evaluation of strengths and identified areas for professional growth with preceptor and designated faculty.

13. contact faculty immediately if any conflict arises or when faculty assistance is needed.

**DESIGNATED FACULTY/STAFF RESPONSIBILITIES**

The student’s assigned Clinical Faculty identify clinical learning objectives specific to the program, course and learning needs of the students. They facilitate student achievement of these objectives through provision of didactic instruction, identification of appropriate clinical facilities and preceptors, evaluation of students in the clinical setting and establishment of close working relationships with preceptors.

Faculty will:

1. elicit informal and formal feedback from the preceptor regarding each student’s performance and program performance through one per semester site visits and/or other types of media contacts.

2. analyze/review completed evaluations each semester.

3. offer professional support by encouraging the student/preceptor team to utilize educational references and resources available in the library.

4. evaluate student’s achievement of program objectives.

5. work with student for adequate exposure to required patient populations. In the event the student is not able to have this exposure with their current preceptor, a clinical rotation can be arranged by the student/ Clinical Placement Coordinator in conjunction with faculty. The determination of the need for clinical rotation may take place during conference calls, clinical site visits, communication with the student or after evaluation of the students’ clinical log records.

6. communicate with the PMHNP Track Director in regards to student progression, site visits, preceptor evaluations and feedback.

7. communicate with the Clinical Placement Coordinator as appropriate regarding preceptorships and/or student clinical placement.
CLINICAL PLACEMENT COORDINATOR RESPONSIBILITIES

Clinical Placement Coordinators will:

1. work with student and faculty to select appropriate preceptor(s) for PMHNP student.
2. provide the preceptor with a description of the Psychiatric Mental Health Nurse Practitioner program, overview of preceptorship expectations, the course syllabus, student performance expectations and evaluation tools for the clinical experience.
3. determine if a Master Clinical Affiliation Agreement exists for the clinical site, if not, initiate this.
4. provide the Preceptor Memorandum of Agreement to each preceptor.
5. verify preceptor memorandum of agreement information including licensure and certification as appropriate.
6. validate student health requirements, licensure, CPR certification and background check.
7. maintain records of preceptor agreements, student documentation and other documents as appropriate.
8. maintain and update clinical management system including preceptor, student and site information.
9. initiate evaluations from clinical management system.
10. in the event the student is not able to have adequate exposure to a specific population of patients with their current preceptor, a clinical rotation may be arranged by the student/ Clinical Placement Coordinator in conjunction with faculty.

UNIVERSITY OF NORTH DAKOTA - COLLEGE OF NURSING COURSE OVERVIEW

PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER

NURSING 597 - ADVANCED CLINICAL PRACTICUM

The Advanced Clinical Practicum is a two course sequence that is the culmination of integrating theory, scientific background, technical skills, clinical decision-making skills and organizational skills into the clinical setting. The nurse’s role in directing care, providing leadership, and socializing into and developing the advanced practice psychiatric mental health role will be developed. Data collected from history taking, mental status exam, psychiatric evaluation/assessment and other appropriate evaluation tools will be synthesized to make a diagnosis and implement an appropriate treatment plan. Informatics in advanced nursing practice will be expanded.

COURSE DESCRIPTION

This clinical practicum course provides the APRN student with the opportunity to obtain advanced practice clinical experience in their area of specialization. The course focuses on the integration of theoretical knowledge into clinical practice and gaining increasing competency in the skills integral to the nurse practitioner role.
COURSE OBJECTIVES

At the end of this course, the learner will be able to:

1. Establish therapeutic and culturally sensitive relationships with clients and families.
2. Diagnose common conditions relevant to student’s area of practice.
3. Develop evidence based management plans (including pharmacological interventions) to address conditions relevant to student’s area of practice.
4. Integrate legal, ethical, socioeconomic, psychosocial, and cultural factors into delivery of care.
5. Evaluate the effectiveness of therapeutic interventions and adjust the management plan as needed.
6. Provide education to patients and families.
7. Adapt teaching approaches to meet the learning and cultural needs of the client, family and/or caregiver.
8. Participate in and/or lead interprofessional teams in order to meet client needs.
9. Relate the role of the nurse practitioner to various patient care situations.

See Appendix A: N597 Advanced Clinical Practicum Clinical Evaluation
See Appendix B: Preceptor Observed History and Mental Status Exam
See Appendix C: Preceptor Agreement for Advanced Practice Students
FULL TIME CURRICULUM
(Current Curriculum-Graduate Spring 2019)

Fall Semester I (14 credit hours)
N500 Theories and Concepts in Nursing (3 cr)
N510 Advanced Physiology/Pathophysiology I (3 cr)
N535 Advanced Pharmacology in Primary Care I (2 cr)
N514 Essentials of Epidemiology (3 cr)
N585 Advanced Health Assessment (3 cr)

Spring Semester II (15 credit hours)
N502 Evidence for Practice (3 cr)
N511 Advanced Physiology/Pathophysiology II (3 cr)
N523 Health Promotion (3 cr)
N538 Psych Diagnostic Reasoning (2 cr)
N539 Advanced Pharmacology in Primary Care II (2 cr)
N564 Psychopharmacology (2 cr)

Summer Semester III (5 credit hours)
N583 Individual Therapy (2 cr)
N584 Group and Family Therapies (3 cr)

Fall Semester IV (15 credit hours)
N526 Ethical, Legal, and Health Policy Issues (3 cr)
N553 Role Development of the NP (2 cr)
N588 Management of Psychopathology I (2 cr)
N597 Advanced Clinical Practicum (6 cr)
N997 Independent Study* (2 cr)

Spring Semester V (8-10 credit hours)
N589 Management of Psychopathology II (2 cr)
N597 Advanced Clinical Practicum (6 cr)
N998 Thesis (if choosing thesis option) (2 cr)

Total Credits: 57 credits
FULL TIME CURRICULUM
(Beginning Fall 2018)

Fall Semester I (12 credit hours)
N500 Theories and Concepts in Nursing (3 cr)
N505 Advanced Pharmacology (3 cr)
N510 Advanced Physiology/Pathophysiology I (3 cr)
N585 Advanced Health Assessment (3 cr)

Spring Semester II (13 credit hours)
N502 Evidence for Practice (3 cr)
N511 Advanced Physiology/Pathophysiology II (3 cr)
N523 Health Promotion (3 cr)
N538 Psych Diagnostic Reasoning (2 cr)
N564 Psychopharmacology (2 cr)

Summer Semester III (7 credit hours)
N583 Individual Therapy (2 cr)
N584 Group and Family Therapies (3 cr)
N605 Health Policy (2 cr)

Fall Semester IV (12 credit hours)
N553 Role Development of the NP (2 cr)
N588 Management of Psychopathology I (2 cr)
N597 Advanced Clinical Practicum I (6 cr)
N997 Independent Study* (2cr)

Spring Semester V (8 credit hours)
N589 Management of Psychopathology II (2 cr)
N597 Advanced Clinical Practicum (6 cr)

Total Credits: 52 credits
PART-TIME CURRICULUM
(Current Curriculum-Graduate Spring 2019)

Fall Semester I (9 credit hours)
N500 Theories and Concepts in Nursing (3 cr)
N510 Advanced Physiology/Pathophysiology I (3 cr)
N514 Essentials in Epidemiology (3 cr)

Spring Semester II (9 credit hours)
N502 Evidence for Practice (3 cr)
N511 Advanced Physiology/Pathophysiology II (3 cr)
N523 Health Promotion (3 cr)

Fall Semester III (8 credit hours)
N585 Advanced Health Assessment (3 cr)
N535 Advanced Pharmacology in Primary Care I (2 cr)
N526 Ethical, Legal, and Health Policy Issues (3 cr)

Spring Semester IV (6 credit hours)
N564 Psychopharmacology (2 cr)
N539 Advanced Pharmacology in Primary Care II (2 cr)
N538 Psych Diagnostic Reasoning (2 cr)

Summer Semester V (7 credit hours)
N583 Individual Therapy (2 cr)
N584 Group and Family Therapies (3 cr)
N997 Independent Study* (2 cr)

Fall Semester VI (10 credit hours)
N553 Role Development of the NP(2 cr)
N588 Management of Psychopathology I (2 cr)
N597 Advanced Clinical Practicum (6 cr)

Spring Semester VII (8 credit hours)
N589 Management of Psychopathology II (2 cr)
N597 Advanced Clinical Practicum (6 cr)

Total Credits: 57 credits
PART-TIME CURRICULUM
(Beginning Fall 2018)

Fall Semester I (6 credit hours)
N500 Theories and Concepts in Nursing
N510 Advanced Physiology/Pathophysiology I (3 cr)

Spring Semester II (6 credit hours)
N502 Evidence for Practice (3 cr)
N511 Advanced Physiology/Pathophysiology II (3 cr)

Fall Semester III (6 credit hours)
N585 Advanced Health Assessment (3 cr)
N505 Pharmacology (2 cr)

Spring Semester IV (7 credit hours)
N564 Psychopharmacology (2 cr)
N538 Psych Diagnostic Reasoning (2 cr)
N523 Health Promotion (3 cr)

Summer Semester V (7 credit hours)
N583 Individual Therapy (2 cr)
N584 Group and Family Therapies (3 cr)
N605 Health Policy (2 cr)

Fall Semester VI (12 credit hours)
N553 Role Development of the NP (2 cr)
N588 Management of Psychopathology I (2 cr)
N597 Advanced Clinical Practicum I (6 cr)
N997 Independent Study (2 cr)

Spring Semester VII (8 credit hours)
N589 Management of Psychopathology II (2 cr)
N597 Advanced Clinical Practicum II (6 cr)

Total Credits: 52 credits
APPENDICES
APPENDIX A: N597 ADVANCED CLINICAL PRACTICUM CLINICAL EVALUATION

University of North Dakota
College of Nursing & Professional Disciplines
Department of Nursing
Psychiatric Mental Health Nurse Practitioner Program

N597 Advanced Clinical Practicum Clinical Evaluation

Students Name: ______________________________ Date: ________________

Semester and Year: ______________________________

This evaluation will be used for your Midterm and Final Evaluation. In each box, place your evaluation according to the legend below.

“Client” is defined as an individual, family or group.

E = Exceeds  S = Satisfactory  AG = Areas for Growth
U = Unsatisfactory  NA = Not Applicable

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<th>Behavior to be Evaluated</th>
<th>Midterm Eval</th>
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<td>Student</td>
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I. Collects client health data.

1) Collects data based on a framework derived from theory and research.

2) Completes thorough assessment for each client that ensures that relevant and necessary data are collected.

3) Demonstrates skill in using various assessment techniques and tools (history taking, interviewing, mental status, examination, and developmental evaluations).

4) Collects data from multiple sources (e.g. client, family, social network, other health care providers, medical records, community agencies) with consideration of client’s confidentiality.

5) Collects data with regard for each client’s individuality and diversity (e.g. socio-cultural orientation, developmental level).

II. Analyzes the assessment data in determining diagnoses.

1) Uses a framework derived from theory and research (DSM 5) to analyze accurately diagnose.

2) Identifies patterns of responses to actual or potential psychiatric illnesses/mental health problems.

3) Validates diagnoses with client, significant others and other health care providers when appropriate.

4) Uses ongoing assessment to modify diagnoses.

5) Identifies differential diagnosis.
This evaluation will be used for your Midterm and Final Evaluation. In each box, place your evaluation according to the legend below.

“Client” is defined as an individual, family or group.

| E = Exceeds | S = Satisfactory | AG = Areas for Growth |
| U = Unsatisfactory | NA = Not Applicable |

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### III. Identifies expected outcomes individualized to the client.

1) Chooses short and long-term goals that reflect each client’s present and potential capabilities.

2) Identifies appropriate intervention outcomes that are research and theory based.

3) Identifies measurable outcomes that include an estimate of time for attainment, reflect the diversity and potential of the client.

### IV. Develops a plan of care that prescribes interventions to attain expected outcomes.

1) Develops management plans that are based on research and theory.

2) Develops plans for intervention in collaboration the client distinguishing needs for immediate attention from short and long-term goals.

3) Develops a plan of care in collaboration with inter-professional team.

4) Considers cost, safety, and access in the plan of care.

5) Differentiates the responsibilities of the PMHNP, the client, and other health providers in implementing the plan.

### V. Implements the intervention identified in the plan of care.

1) Initiates a therapeutic contract with each client.

2) Interprets each client’s thoughts, emotions, behaviors and themes that emerge using nursing and related theories and research findings.

3) Demonstrates knowledge of nursing and related theories and research in applying therapeutic methods and teaching strategies that are responsive to each client’s needs.

4) Demonstrates ability to implement changes in planned interventions based on the client’s current needs.

5) Fosters increased responsibility and independence in each client.

6) Protects each client’s rights within the framework of the law as well as upholding of legal standards.

7) Collaborates with agency and community resources in providing appropriate care.
This evaluation will be used for your Midterm and Final Evaluation. In each box, place your evaluation according to the legend below.

“Client” is defined as an individual, family or group.

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<td>Areas for Growth</td>
<td>Unsatisfactory</td>
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Behavior to be Evaluated

**VI. Evaluates the Client’s Progress in attaining expected outcomes.**

1) Examines each client session using progress and content criteria.

2) Evaluates the plan of care from a research and theoretical perspective.

3) Engages in systematic and ongoing evaluation with client.

4) Evaluates specific intervention outcomes and compares progress with standard treatment protocols.

5) Reestablishes the treatment plan with client, health care provider team, and insurance provider after timely evaluation.

**VII. Therapeutic use of self.**

1) Judiciously self-discloses with client with sound therapeutic rationale.

2) Uses interpersonal communication skills that reflect positive regard, respect, genuineness, and empathy, and are goal-directed and client-centered.

3) Maintains a professional, therapeutic relationship, recognizing issues of boundary maintenance, confidentiality and power.

4) Terminates with client and health team in a professional manner.

5) Demonstrates responsible leadership and co-leadership in family and group therapy.

6) Analyzes use of self as a group member.

**VIII. Professional Responsibilities.**

1) Engages in introspection to evaluate own thoughts, feelings, attitudes and values.

2) Constructively evaluates own strengths and limitation with preceptor, faculty and peers.

3) Makes appropriate changes in own behavior that incorporates self-analysis and feedback from peers, preceptors, and faculty.

4) Contributes to peers’ and colleagues’ professional development through collaboration, critique and peer support.

5) Follows clinical agency policies and procedures and accepted standards for safe practice.
This evaluation will be used for your Midterm and Final Evaluation. In each box, place your evaluation according to the legend below.

“Client” is defined as an individual, family or group.

E = Exceeds           S = Satisfactory         AG = Areas for Growth
U = Unsatisfactory         NA = Not Applicable

### Behavior to be Evaluated

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6) Maintains professional relationships with colleagues and agency personnel.

7) Demonstrates proficiency with available technologies to access patient data and enhance patient outcomes.

8) Demonstrates competency in conducting a thorough medication management review.

9) Demonstrates competency in conducting a comprehensive psychiatric evaluation.

Comments related to satisfactory/unsatisfactory should be noted here or as a separate attachment.

Signatures indicate having read the above evaluation of objectives and any additional evaluative comments which are attached to this tool.

### MIDTERM

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<th>Student</th>
<th>Date</th>
<th>Clinical Preceptor</th>
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### FINAL

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<th>Student</th>
<th>Date</th>
<th>Clinical Preceptor</th>
<th>Date</th>
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Faculty notes:

Midterm assessment: faculty, preceptor and student

updated 7/18
APPENDIX B: PRECEPTOR OBSERVED HISTORY & MENTAL STATUS EXAM

University of North Dakota College of Nursing
Psychiatric and Mental Health Nurse Practitioner Program
Preceptor Observed History and Mental Status Exam

The Preceptor Observed History and Mental Status Exam should be completed as the culminating assignment for N597. Your preceptor should observe the evaluation and provide constructive feedback. After you have completed the assessment and your preceptor has offered comments, evaluation, and signature on this document, please send to your clinical faculty. As part of this assignment, your written psychiatric evaluation/assessment should accompany this document after reviewed by your preceptor. All patient identifiers must be deleted/blackened.

Date of Observation____________________________________

Patient Age and Sex____________________________________

Preceptor Signature____________________________________

PMH Student Signature__________________________________

<table>
<thead>
<tr>
<th>TOPIC TO BE ASSESSED</th>
<th>PRECEPTOR INITIAL AS STUDENT COMPLETES</th>
<th>PRECEPTOR COMMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction to client including review of role, confidentiality and limits of</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A. Client History and Mental Status Exam</td>
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<tr>
<td>Identifying information, presenting problem and referral source.</td>
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<tr>
<td>History of present illness (location, quality, severity, duration, timing, context, modifying factors, associated signs and symptoms.</td>
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</tbody>
</table>
### Psych Single System & pertinent

<table>
<thead>
<tr>
<th>Topic</th>
<th>Preceptor Initial as Student Completes</th>
<th>Preceptor Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mood</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anxiety</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Temperament</td>
<td></td>
<td></td>
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<tr>
<td>Sleep/Initiation/maintenance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Energy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interest</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Concentration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Memory</td>
<td></td>
<td></td>
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<tr>
<td>Psychomotor changes</td>
<td></td>
<td></td>
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<tr>
<td>Appetite changes</td>
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</tbody>
</table>

### TOPIC TO BE ASSESSED

<table>
<thead>
<tr>
<th>Topic</th>
<th>Preceptor Initial as Student Completes</th>
<th>Preceptor Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thought patterns (guilt, delusions, hallucinations)</td>
<td></td>
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</tr>
<tr>
<td>Suicidal Thoughts</td>
<td></td>
<td></td>
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<tr>
<td>Self-injurious</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aggressive/homicidal thoughts/behaviors</td>
<td></td>
<td></td>
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<tr>
<td>Social Impact of symptoms</td>
<td></td>
<td></td>
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<tr>
<td>Other</td>
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</tbody>
</table>

### Psychiatric Review of Past Symptoms

<table>
<thead>
<tr>
<th>Type</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>Affective Disorders</td>
<td></td>
</tr>
<tr>
<td>Anxiety</td>
<td></td>
</tr>
<tr>
<td>GAD, OCED, Phobias etc.</td>
<td></td>
</tr>
<tr>
<td>Trauma History</td>
<td></td>
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<tr>
<td>PTSD</td>
<td></td>
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<tr>
<td>Thought Disorders</td>
<td></td>
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<tr>
<td>ADHA</td>
<td></td>
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<tr>
<td>Head Injury</td>
<td></td>
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<tr>
<td>TBI</td>
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</tbody>
</table>
### Past Psychiatric History
*Inpatient and Out Patient History*
- Age
- Duration
- Reason
- Treatment
- Comments

Suicidal gestures
Self-injurious gestures
Violence history

### Previous Psych Meds
Dose and Length of Treatment
Reasons for Discontinuation
Side Effects etc.

### Other Therapies

### Medical History:
- Allergies--

### OB/GYN
- Onset to Menses
- Para /Gravida
- Problems/Complications
<table>
<thead>
<tr>
<th>TOPIC TO BE ASSESSED</th>
<th>PRECEPTOR INITIAL AS STUDENT COMPLETES</th>
<th>PRECEPTOR COMMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Present Medications (psych and medical)</td>
<td></td>
<td></td>
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<tr>
<td>Prescribed by-</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Social and Developmental History:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pertinent Family History</td>
<td></td>
<td></td>
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<tr>
<td>Significant Stressors Not Previously Described</td>
<td></td>
<td></td>
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<tr>
<td>Mental Status Exam</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Appearance</td>
<td></td>
<td></td>
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<tr>
<td>Cognition</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Affect</td>
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<tr>
<td>Mood</td>
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<tr>
<td>Speech</td>
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<tr>
<td>Thought Processes</td>
<td></td>
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<tr>
<td>Insight</td>
<td></td>
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<tr>
<td>Motor Abilities</td>
<td></td>
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<tr>
<td>Suicidal Thought</td>
<td></td>
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<tr>
<td>DSM 5 Diagnoses and Code</td>
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<tr>
<td>GOALS of Care</td>
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<td>MED Teaching done on</td>
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<tr>
<td>NEW ORDERS</td>
<td></td>
<td></td>
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<tr>
<td>Records Requested/Release/Exchange of Information</td>
<td></td>
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<tr>
<td>Other</td>
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</tbody>
</table>

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<tbody>
<tr>
<td><strong>B. INTERVIEW TECHNIQUES</strong></td>
<td></td>
<td></td>
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<tr>
<td>Ability to establish rapport</td>
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<td>Use of Communication skills</td>
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<td>Support and empathy</td>
<td></td>
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<tr>
<td>Summary and feedback to patient</td>
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<tr>
<td>Follows up incomplete comments and seeks clarification</td>
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<tr>
<td><strong>Begins to establish a therapeutic alliance</strong></td>
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<tr>
<td>Voice and manner encourages trust</td>
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<tr>
<td>Makes pertinent physical observations and describes appearance</td>
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<td>---------------------------------------------------------------</td>
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<tr>
<td>Other</td>
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</table>

**C. ORGANIZATION**

Proceeds in orderly manner

Proceeds in an efficient and smooth manner

Approaches stress areas gently and with tact

**D. SUMMARY OF REPORT**

Provides organized, concise written and/or oral conclusions to history and MSE including:

- Summary of Findings
- DSM5 Diagnosis
- Differential Diagnosis
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Recommended Medications and Therapies/Treatments/Placements</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Referrals</td>
<td></td>
<td></td>
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</tbody>
</table>
| Duration:  
Minutes:                                                             |                                        |                    |
| E. ADDITIONAL COMMENTS                                                            |                                        |                    |
| F. CONCLUSION ON STUDENT PERFORMANCE PRECEPTOR-                                   |                                        |                    |
| G. STUDENT COMMENTS                                                               |                                        |                    |
APPENDIX C: PRECEPTOR AGREEMENT FOR ADV. PRACTICE STUDENTS

Nurse Practitioner Program
PRECEPTOR AGREEMENT FOR
_____FNP ___AGNP ___PMH

I agree to serve as the preceptor for the following named Nurse Practitioner student:

_________________________________________  ______________
(Student Name)  (Semester and Date Range of Practicum)

The preceptor will:

• provide one-to-one clinical supervision of the above named student.
• allow time to visit with the faculty supervisor in order to discuss the student’s progress.
• complete and submit an assessment of the student’s clinical competencies near the end of the semester.
• notify the supervising College of Nursing faculty of any problems or concerns that arise during the semester or of any change to this preceptor/student relationship.

The nursing faculty will:

• provide the preceptor with dates and objectives for each clinical practicum course. ☐ be available to address questions or concerns.
• meet weekly with the student to discuss clinical cases and progress.
• conduct an on-site visit, telephone call, or web conference to discuss and evaluate the student’s progress and performance at mid-term and near the end of the semester.

Preceptor Signature

Preceptor Name Printed, Certifications

Agency Name   Agency Address

Educational Degree(s)

License Number and Expiration

Certification and Expiration

Clinic or agency email

Phone number ___________________________ Please indicate if you desire adjunct status for access to UND library________________________